



Memory Matters— connecting our minds

Casa de Vida

About Us

Established in 2007, Casa de Vida offers essential respite to family caregivers of individuals with early to mid-stage dementia, including Alzheimer's.

Our volunteer-led program provides affordable, compassionate short-term care while participants enjoy stimulating social and creative activities.

“...you give those who need it a way to keep engaged..., you also provide the caregivers a few hours to rest and disconnect from a draining reality. “Andrea

Contact Us

Phone: 214-363-5457 x 102

Email: casa@northparkpres.org

www.northparkpres.org/casadevida

“Casa de Vida has been a lifeline for us. So much of our loved one's life has been taken away and Casa de Vida is one area of her life that GIVES rather than TAKES. Thank you” Lindsay



Casa de Vida

9555 N. Central Expwy
Dallas, TX 75231



CASA DE VIDA

Dementia Respite Care

*Supporting Caregivers
since 2007*



Exercising our bodies and our minds

A Day at Casa de Vida

Casa de Vida meets weekly on Wednesdays from 9:30am to 1:30pm.

A typical day at Casa includes:

Coffee & Conversation

Music & Singing

Memory Matters

Yoga or Exercise

Special Programs

Lunch

Bingo

The program is enhanced with weekly themes and special programs, such as music performances, creative art programs, or music therapy.

Caregiver Support Group

Caring for a loved one with dementia can be challenging. That is why we offer a monthly support group for caregivers on every 4th Wednesday. Connect with others who understand your experiences, share advice, and find emotional support.

Casa de Vida

Caring Companions

Our Caring Companions are the heart of Casa de Vida. Each participant is paired with a dedicated volunteer who provides reassurance, continuity, and personalized care. Our volunteers undergo regular training to ensure they are equipped to meet the unique needs of individuals with dementia.

“Volunteering at Casa de Vida has been incredibly rewarding. Knowing that I’m providing a much-needed break for caregivers while supporting the participants fills my heart with joy.” Carol

Get Involved

Volunteers are the life of Casa de Vida. Opportunities to get involved range from working with participants to providing program activities to helping with administration.

Do you have an idea? We would love to hear about it. To get involved, email us at casa@northparkpres.org



Caring Companions – Special Friends

Admission Criteria

To ensure that the loved one can benefit from Casa de Vida, participants must:

- Have a diagnosis of dementia
- Be independently mobile
- Toilet independently
- Be able to participate in group activities
- Be able to communicate
- Eat without assistance
- Not require medication during the program
- Not exhibit aggressive/disruptive behaviors
- Be living at home with a caregiver

Each admission is handled individually. The Directors’ decision is final.

The cost is \$15 per session. Scholarships are available thanks to the generous grants provided by Aware Dallas and Agnes Cluthe Foundation.

To Apply:

Call 214-363-5457 x 102 or email us at casa@northparkpres.org